

If you suffer from migraine headaches I don't have to tell you how quickly one can ruin your day. The pounding, throbbing pain makes it close to impossible to function. And other symptoms – caused by the fact that migraines activate the part of your nervous system that responds to stress and pain¹ – may leave you sick to your stomach, unable to tolerate ordinary light and sound.

Medications to treat the pain are often less effective than you'd like – in part because your digestive system slows down – and you know your headache can last for hours or even days.

Even worse, you never know when a migraine will strike. Will one start when you're on your way to that important job interview? Driving to your son's big game? Right before your sister's wedding?

It's as though the headaches, not you, are in charge of your life.

Millions of Sufferers

If that sounds all too familiar, you're not alone. Research shows that 17% of women and 6% of men suffer the pain and disruption of migraine headaches. That adds up to over 28 million sufferers in the United States alone.

Experts don't agree on what causes these devastating headaches although they do believe there are common environmental "triggers," like stress, heat and lack of food or sleep that can bring them on. They also know that 70% of people with migraines have a first-degree relative (a parent, brother, sister or child) who suffers from them as well.²

There are a number of prescription and over-the-counter drugs designed to prevent or treat migraines but for many people they don't provide real relief and many others are bothered by side effects.

An FDA- Approved Breakthrough

Fortunately, today there's a better way to end the pain and take back your life. Called the NTI Splint, this FDA-approved device works to prevent migraines – simply, safely and with no side effects. In fact, when it was tested on migraine sufferers 82% of those who used it averaged a 77% reduction in

the frequency of their migraines.³

Surprisingly, this remarkable device – which has been helping people for a decade – doesn't come from the research laboratory of a big pharmaceutical company. Instead, it was created by a dentist who suffered from migraines himself.⁴

Convinced his nighttime tooth clenching was contributing to his headaches, he designed a small device that fit over his two front top teeth making it virtually impossible for him to clench. The results were astounding. Over

the twelve years he's worn the device, most of his headaches have disappeared.

Excellent Results

We've been using the NTI-Splint at Collins Dental for years for some very good reasons.

- Our patients tell us it works. We know from experience that this little, custom fitted device can resolve or significantly reduce the frequency and symptoms of migraines.
- We know it's safe. Unlike drugs, the splint has no side effects. So, it's safe for everyone.
- Using it is simple. We know lots of our patients are already taking a variety of medications for things like allergies, blood pressure and cholesterol – and they're not happy about adding yet another.

If the idea of a safe and simple way to prevent migraines -- without drugs or side effects -- sounds good to you, just ask. We'll be happy to answer any questions you may have and show you how quickly and easily we can create one of these remarkable splints for you.



1. *Migraine Headaches*
http://www.medicinenet.com/migraine_headache/article.htm

2. *Causes and Treatments of Migraine and Related Headaches*
http://www.emedicinehealth.com/causes_and_treatments_of_migraine_headaches/article_em.htm

3. <http://www.nti-tss.com/ARTICLES/Report-from-the-Headache-Hope-Study.pdf>

4. <http://info-med.co.uk/headaches/how-to-prevent-teeth-grinding.php>

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